

St. Michael Orthodox Church

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Sunday, May 13—Divine Liturgy, 10 a.m. **Sunday of the Blind Man.**

Thursday, May 17—*Ascension.*

Saturday, May 19—Vigil & Confessions, 5 p.m.

Sunday, May 20—Divine Liturgy, 10 am. **Fathers of the 1st Ecumenical Council.**

Saturday, May 26—Festal Vigil & Confessions, 5 p.m.

Sunday, May 27—Festal Divine Liturgy, 10 am. **Pentecost.**
Kneeling Vespers after coffee hour.

Fast-Free Week! Rejoice!

Saturday, June 2—Vigil & Confessions, 5 p.m.

Sunday, June 3—Divine Liturgy, 10 am. **Sunday of All Saints.**

Monday, June 4—*Beginning of the Apostles' Fast.*

Saturday, June 9—Vigil & Confessions, 5 p.m.

Sunday, June 10—Divine Liturgy, 10 am. **All Saints of North America.** Parish Council.

Saturday, June 16—Vigil & Confessions, 5 p.m.

Sunday, June 17—Divine Liturgy, 10 am.

Saturday, June 23—Festal Vigil & Confessions, 5 p.m.

Sunday, June 24—Divine Liturgy, 10 am.

Friday, June 29—*SS. Peter & Paul.*

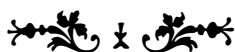
Saturday, June 30—Vigil & Confessions, 5 p.m.

Sunday, July 1—Divine Liturgy, 10 am.



Parish Life

	<u>Reader</u>		<u>Coffee Hour</u>	<u>Cleaning</u>
	<u>Hours</u>	<u>Epistle</u>		
5-13	Soot	Soot	Salazar/Kakulia	Elchinoff
5-20	Perry	Tolkach	Scioscia	Eskandani
5-27	Athanasius	Athanasius	Bodenhausen	Hayashi
6-03	Crawford	Blank	[Bagels]	Perry
6-10	Scioscia	Bliss	Crawford	Regan
6-17	Crawford	Crawford	Tolkach/Bliss	Scioscia
6-24	Perry	Dawson	Estevez	Andruss
7-01	Perry	Perry	[Barbeque]	Bliss



Now what was the sort of 'hole' man had got himself into? He had tried to set up on his own, to behave as if he belonged to himself. In other words, fallen man is not simply an imperfect creature who needs improvement: he is a rebel who must lay down his arms. Laying down your arms, surrendering, saying you are sorry, realizing that you have been on the wrong track and getting ready to start life over again from the ground floor—that is the only way out of our 'hole'. This process of surrender—this movement full speed astern—is what Christians call repentance. Now repentance is no fun at all. It is something much harder than merely eating humble pie. It means unlearning all the self-conceit and self-will that we have been training ourselves into for thousands of years. It means killing part of yourself, undergoing a kind of death. In fact, it needs a good man to repent. And here comes the catch. Only a bad person needs to repent: only a good person can repent perfectly. The worse you are the more you need it and the less you can do it. The only person who could do it perfectly would be a perfect person—and he would not need it.

-from *Mere Christianity* (cited in *A Year with C.S. Lewis*, p. 143).



Fasting

What does *fasting* mean for the Church? It means my freedom in practical terms, that is, my actively choosing to eat only what the Church as a whole is eating on particular days. Consequently, the taking of food is for me not an individual act of self-preservation, but an event of communion, participation in the *mode*, by which the Church (in the Eucharist) partakes of food. The same happens when we pray, when we express our communion and solidarity with the needs of our child, our spouse, of of any of our fellow human beings.

— *Christos Yannaras, Metaphysics as a Personal Adventure*, pp. 130-131.